

SARAH D. LOWRIE'S SATURDAY EVENING TALK

A Song Which Expresses the Needs of the Soul in Times of Trouble

I WAS with a woman today who by the exigencies of the moment was called upon to make a decision that was bound to affect not only her own future but the future of many who were dependent upon her in vital matters.

"What would I do without religion?" How do people get along without it? I had been asking that same question myself during a rather sleepless night.

The book gave a great deal of advice as to the understanding and the utilizing of that unconscious or subconscious self for the purpose of the conscious self—the conscious self being the part of one that says "I" when one is awake, and the subconscious self being the part that says "I" when one is asleep.

THIS had to be accomplished by memory chiefly, memory of dreams and memory of things impressed upon the mind in some recess of the brain and almost completely forgotten by the everyday mind.

This process of disintegrating old impressions and evanescent dreams was acknowledged by the writer of the book to be an arduous and painstaking one, but he was very serious about it, and also a most necessary labor of the part of the mind, as a cure for every form of abnormality, for many forms of hysteria and neurosis and insanity and for all the ailments which are caused by the same golden ware, and fits snugly on the top to keep out the dust or inquisitive fly-by-nights.

As a physician he blamed the Christian Scientists for inventing the idea of the "Heavenly Father" as a means of calling their conscious breaking of the laws of God sin. In fact, there was no God on his horizon apparently.

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Just at present the words "normality," "balance," "equilibrium," "harmony" are used to define what used to be included in the term goodness. We are not told to strive after perfection, but we are urged to be normal, to be sane, to be sane in a higher level than that of normality, it is not by a spiritual process, but by a physical ascendancy of becoming supermen; not by being a little lower than the angels, but by being considerably like Hercules or Siegfried or even Napoleon.

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The Origin of Man

"For thou hast possessed my reins, thou hast covered me in my mother's womb." My substance was not hid from thee when I was made in secret and curiously wrought in the lowest parts of the earth.

This was not written by Darwin, it was written by David, who was a contemporary more or less of Homer.

The whole of modern psychology, plus religion, is in the conclusion of the song even to the truth that what one thinks about, in his subconscious state, influences his conscious mind.

How precious also are thy thoughts unto me, O God! How great the sum of them! If I should count them, they are more in number than the sand.

The truth of the matter is every new life that gets on its feet is started back to the beginnings of thought, reveals in even greater glory the truths by which the race has struggled on and to fight his so-called sin.

There is in it capitulation and re-annunciation, but there is also and beyond all else the desire and the will to lead a new life not alone of the body but of the soul.

Adventures With a Purse

There will be bridge at the club this summer and you'll be asked to contribute a prize, so I know you'll be interested in the very pretty night glasses one of the stores sell.

One of the shops is selling some crepe de chine "diamonds" which would be a "thing of beauty and joy forever" to any beauty loving woman.

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The Unconscious Sinner

By HAZEL DEVO BATCHELOR

Cleo Ridgefield is the type of girl who unconsciously tempts men to make love to her. When she refuses Dick Wheeler, he tries to commit suicide, and is saved by his guardian, Carey Phelps.

A Ride by Night

While they were in the diner, Cleo asked Carey what time they would arrive at their destination.

The Gift Credo

WHAT in the world are we going to give Dick and Margaret?

Can You Tell?

The Meaning of the Crosses on the British Flag

And Funny Races

Are included in the directions for this Fourth of July picnic which is all ready to be sent out to any one who wants it.

Interesting Women

Mrs. Sarah McVeigh, policewoman, of Muskegon, Mich., is not a bit superstitious. She carries police officer No. 13, a number that no other officer on the force cared to accept.

The Wings of the Morning

Whether shall I fly from thy spirit? Whether shall I flee from the presence of the Lord?

How to Make Curtains

Monday—How to Make Curtains

Paul and Virginia

By HELENA HOYT GRANT

WHAT in the world are we going to give Dick and Margaret? "Give them? What? The matter with them? Are they broke or something?"

Ever had a cup?

The cup of cheer

ASCO Coffee

ASCO Coffee

AMERICAN STORES CO.

Please Tell Me What to Do

By CYNTHIA

Dear Cynthia—A girl has a quarrel with a fellow over the telephone. They have taken pictures together. The girl returns them and writes on the back of them "As Gratitude for the pictures."

Answers "A Modern Man-Hater"

Dear Cynthia—After reading the letter of "A Modern Man-Hater," I decided to take my pen in hand and try to defend the modern man.

Two Girls Are Lonesome

Dear Cynthia—Although I am a constant reader of your wonderful column, this is the first time I have written to you.

Don't Let Him Monopolize Your Time

Dear Cynthia—As a daily reader of your column and paper I come to you for advice on a very delicate matter.

Ever had a cup?

The cup of cheer

ASCO Coffee

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We All Have Those Moments in Which We Do Very Stupid Things

Other People Dislike Us for Doing Them, but No More Than We Hate Ourselves for Being So "Dumb"

"IT WAS so dumb!" she exclaimed. The girl who had lunched at the soda fountain. "I've had a chocolate egg and milk almost every day, and you'd think by this time I'd know how much it was, with those two cards up there telling what the prices were, too, and a long line back of me waiting to get at the window. Did you ever hear anything so dumb?"

Oh, yes, there have been lots of things as "dumb" as that. And isn't it humiliating to catch yourself at one of them?

For instance, after you have fussed and worked and fretted everybody else as well as yourself, to finish some silly little thing that you must have to take with you on a trip, to go off and leave it in all its lovely pink headdress lying in full sight on your bed!

After all that publicity, nothing to show for it! If anybody else had done it you might be able to understand why, but to think you'd do a thing like that yourself!

IT IS on the same order as arriving at 3:02 for a train that you know goes at 3:10. You know because you have looked it up on the time-table, and time-tables are never wrong.

Yet 3:10 arrives, 3:12, 3:15, and you look first at your watch when at the time-table again, to see why the train has not arrived.

But you can't find that 3:10 which you know was there before. There's a 3:42, and 2:58, but no 3:10.

And then the person who has to catch that 3:10 in order to make connections at the junction, discovers that you have been looking at Sunday trains instead of the weekdays!

You go right down to the bottom of the class two or three times at once when you do that.

THEN there's the one that you do when you lead a line of people who are anxious to get off a trolley car. The ones at the far end of the line are much more anxious than the front ones.

But they are all anxious. It's a funny thing that people are always more anxious to get off the trolley in a hurry when they can't than they are when they can.

The reason they can't in this case is because you are at the head of the line, and in some unaccountable way have lost your fare.

Of course you have a five dollar bill—you always have when you want to pay a fare on the trolley—and you have a dollar.

But just before you get up to get off the car you looked to be sure that you had the exact fare right there in your bag so that you would be able to reach in and get in when you got to the conductor.

Somehow it has disappeared.

Ever had a cup?

The cup of cheer

ASCO Coffee

ASCO Coffee

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Things You'll Love to Make

ORNAMENTED POCKETS



ORNAMENTED POCKETS give a novel touch to a silk summer suit. The foundation of the pocket flaps use silk either of the same color as the suit or, for a more striking effect, of a contrasting color.

Apply these circles to the silk pocket flaps. Allow the flaps to hang loose. ORNAMENTED POCKETS made any size you wish that will be in proportion to the length of the jacket.

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